

**To schedule your Semen Analysis, please call**

Sanford Clinic OB-GYN, LTD.  
Reproductive Endocrinology Laboratory  
Medical Building 3  
11500 West 22<sup>nd</sup> Street, Suite 102B  
Sioux Falls, SD 57105  
605-328-7700 (Ask for Nickie)

**PATIENT INSTRUCTIONS  
for Semen Analysis**

Your physician has requested that you have a semen analysis at the Sanford Clinic OB-GYN, LTD. Reproductive Endocrinology Laboratory. To ensure that your specimen is analyzed accurately within the appropriate time frame, we require an appointment to have your semen analysis done and strongly recommend that you collect on-site in one of our private collection rooms. Specimens that are received without an appointment will not be analyzed.

**Your physician's nurse will schedule your appointment for you or you may call later to schedule an appointment.** Appointments are available Monday through Friday between 10:00 a.m. and 2:30 p.m. The laboratory is located on the Sanford campus on the 1<sup>st</sup> floor of Medical Building 3. After entering the main(south) entrance, turn left past the elevators.

**Abstain from any sexual activity, including masturbation, for 2-4 days prior to your appointment.** Please bring a driver's license or other valid photo ID with you at your scheduled appointment time. Check-in with the lab receptionist, and inform the receptionist of any high fever or severe illness you have had within the past 2 months. The receptionist will escort you to a private collection room and instruct you on how the semen specimen should be collected. If you have any questions about the procedure, you may request to speak to one of the lab technologists.

Results of your semen analysis will be reported to your physician, who will contact you within a few days. If you are having a Sperm Chromatin Structure Assay (SCSA) done, those results may take up to two weeks.